



Our Lady's Catholic Academy
109-55 128th Street
South Ozone Park, NY

PRESENTS

PARENT WORKSHOP

Date: Thursday, November 8, 2018

Time: 6:30pm - 8:30pm

Location: Our Lady's Catholic Academy

TOPIC: Anxiety & Depression amongst Youth

- **Understanding Anxiety & Depression**
 - **Noticing the signs**
 - **Prevention & Intervention**

***PRESENTATION TO BE GIVEN BY
CONFLICT RESOLUTION SYSTEMS, LLC.
TRAINER - SARA STEINWEISS**

****Registration preferred but not mandatory**

*****Please call Our Lady's Catholic Academy
For registration & more information**

718-641-1316

**LIGHT REFRESHMENTS WILL BE SERVED!
ALL PARENTS/GUARDIANS ARE WELCOME!**